

## **FIG & EG**

The KNGU is affiliated to two international federations, the Fédération Internationale de Gymnastique (FIG) and European Gymnastics (EG).

### **Fédération Internationale de Gymnastique**

The Fédération Internationale de Gymnastique has 150 affiliated federations. The international federation organizes and arranges for the execution of the world championships, such as the World Cups and World Championships, in the disciplines of artistic and rhythmic gymnastics, trampoline, acrobatic gymnastics, aerobics, gymnastics for all and parkour (free running). Furthermore, the FIG offers trainer-coach programs, organizes seminars and it sets the rules for the competitions. During a congress which is organized each equal calendar year, the most important decisions are reached as regards finances and the accession of federations. Furthermore, the elections for the international committees take place here. The Netherlands is a member of the FIG.

### **European Gymnastics**

European Gymnastics has 50 affiliated national federations. EG schedules, organizes and is responsible for the execution of the European championships in the disciplines of artistic and rhythmic gymnastics, trampoline, acrobatic gymnastics, aerobics and TeamGym. Additionally, it arranges for the marketing and sponsoring of these events, it organizes seminars and trainings for coaches and jury members and other congresses and workshops. EG has technical committees that are responsible for the implementation of the technical rules of a discipline, as drawn up by the FIG. The Netherlands is a member of EG, and is informed as such about the developments 'in Europe' on a regular basis.